



Competitive Framework

Roles	Typical Role	Focus	Skills	Formal Training	Informal Training	Approval	Resources	RPL (Grandfather)
Assistant Coach	Assist positional coaches with drills	<ul style="list-style-type: none"> Safety Working with Children Appropriate Behaviours 	<ul style="list-style-type: none"> Atavus Tackling Basics Football Knowledge Gear Fit 	<ul style="list-style-type: none"> ASC Community Coaching Principles Back to the Basics: Football 101 Atavus Tackling Certification Coaching Principles Working with Children Check Acceptance of GA policies 	<ul style="list-style-type: none"> Supervision by Positional coach or higher 	Sign off by Coordinator or higher	<ul style="list-style-type: none"> Watchgamefilm GA coaches account GA drills and skills library Coaching Workshops 	<ul style="list-style-type: none"> Sign off by Coordinator or higher
Positional Coach	Position Specific coach	<ul style="list-style-type: none"> Positional Skills 	<ul style="list-style-type: none"> Atavus Tackling Positional Philosophies Positional Skill development Positional Drills 	<ul style="list-style-type: none"> Assistant Coach requirements Level 1 Officiating GA Back to the Basics: X's & O's GA Positional module(s) 	<ul style="list-style-type: none"> Ongoing Supervision by Coordinator or higher (minimum 60 hours) 	Sign off by Positional Coach (master) or Head Coach or Higher	<ul style="list-style-type: none"> Watchgamefilm GA coaches account GA drills and skills library Coaching Workshops 	<ul style="list-style-type: none"> Minimum 4 Years coaching Sign off by Head Coach
Positional Coach (Master)					<ul style="list-style-type: none"> 120 hours Experience Minimum 40 hours mentoring 	Sign off by State Coaching Coordinator		
Positional Coach (Elite)					<ul style="list-style-type: none"> 120 hours Experience (minimum 40 hours representative (State/ National)) Minimum 80 Hours Mentoring 	Sign off by National Coaching Coordinator		
Coordinator	Coordinator role	<ul style="list-style-type: none"> Defence/ Offence/ Special Teams schemes Coach Management 	<ul style="list-style-type: none"> Atavus Tackling Defensive / Offensive / Special Teams Philosophies Coach management Practice Management Defence / Offence / Special Teams Theories Intermediate X's & O's 	<ul style="list-style-type: none"> Positional Coach requirements CSF VARK© Course Back to the Basics CSF ARCH© Coordinators will have to take the course that they are coaching: <ul style="list-style-type: none"> Offensive Coordinator FBI Course Defensive Coordinator FBI Course Special Teams Coordinator FBI Course 	<ul style="list-style-type: none"> Ongoing supervision by head coach or higher 	Sign off by Coordinator (Master), head coach or Higher	<ul style="list-style-type: none"> Watchgamefilm GA coaches account GA drills and skills library Coaching Workshops 	<ul style="list-style-type: none"> Minimum 4 Years coaching Sign off by Head Coach or higher
Coordinator (Master)					<ul style="list-style-type: none"> 120 hours Experience Minimum 40 hours mentoring 	Sign off by State Coaching Coordinator		
Coordinator (Elite)					<ul style="list-style-type: none"> 120 hours Experience (minimum 40 hours representative (State/ National)) Minimum 80 Hours Mentoring 	Sign off by National Coaching Coordinator		
Head Coach	Head coach	<ul style="list-style-type: none"> Program Management 	<ul style="list-style-type: none"> Atavus Tackling Program planning Team Management Coach Management Advanced X's & O's 	<ul style="list-style-type: none"> Coordinator requirements Back to the Basics: Architect Course 	<ul style="list-style-type: none"> Ongoing Supervision by Head Coach or higher (minimum 60 hours) 	Sign off by Head Coach (master) or State Coaching Coordinator	<ul style="list-style-type: none"> Watchgamefilm GA coaches account GA drills and skills library Coaching Workshops 	<ul style="list-style-type: none"> Minimum 4 years Head Coach role Formal qualifications within 12 months Interview by National Coaching Coordinator Sign off by National Coaching Coordinator
Head Coach (Master)					<ul style="list-style-type: none"> 120 hours Experience Minimum 40 hours mentoring 	Sign off by State Coaching Coordinator		
Head Coach (Elite)					<ul style="list-style-type: none"> 120 hours Experience (minimum 40 hours representative (State/ National)) Minimum 80 Hours Mentoring 	Sign off by National Coaching Coordinator		



Recreational Framework

Roles	Typical Role	Focus	Skills	Formal Training	Informal Training	Approval	Resources	RPL (Grandfather)
Flag Coach	Coach of modified rule variant of the sport Youth/Juniors/Women/Men Flag	<ul style="list-style-type: none"> Safety Working With Children Appropriate Behaviours Game rules Basic strategy 	<ul style="list-style-type: none"> Atavus Tackling Gear Fit Coaching a team Practice Management Defence / Offence Teams Theories Positional Drills Positional Skill development Basic team strategy 	<ul style="list-style-type: none"> CSF VARK© Course Back to the Basics CSF ARCH© Flag Football CSF Didactic Trapezoid© Course Flag Football Drills 	<ul style="list-style-type: none"> Ongoing Supervision by coordinator or higher (minimum 30 hours) 	Sign off by Coordinator or Higher	<ul style="list-style-type: none"> Watchgamefilm GA coaches account GA drills and skills library Coaching Workshops 	<ul style="list-style-type: none"> Minimum 2 Years coaching Formal qualifications within 12 months Sign off by Head Coach or higher
TackleBar Coach	Coach of modified rule variant of the sport Tacklebar	<ul style="list-style-type: none"> Safety Working With Children Appropriate Behaviours Game rules Basic strategy 	<ul style="list-style-type: none"> Atavus Tackling Gear Fit Coaching a team Basic team strategy Positional Skill development Positional Drills Defensive / Offensive / Special Teams Philosophies Coach management Practice Management Defence / Offence / Special Teams Theories 	<ul style="list-style-type: none"> CSF VARK© Course Back to the Basics CSF ARCH© TackleBar™ TackleBar™ Wheel Course TackleBar™ Drills Course 	<ul style="list-style-type: none"> Ongoing Supervision by coordinator or higher (minimum 30 hours) 	Sign off by Coordinator or Higher	<ul style="list-style-type: none"> Watchgamefilm GA coaches account GA drills and skills library Coaching Workshops 	<ul style="list-style-type: none"> Minimum 2 Years coaching Formal qualifications within 12 months Sign off by Head Coach or higher